Welcome to Mercy Health - St. Rita's Medical Center!

Our Podiatric Medicine and Surgery residency program here at St. Rita's Medical Center provides a very well-rounded three years of training. We are routinely exposed to all facets of Podiatric medicine and surgery. We pride ourselves on being a particularly rearfoot heavy program, although we undoubtedly see our fair share of forefoot pathology as well. We also incorporate 1-2 days of clinic into our weekly schedule with the aim of being well-versed in preoperative work-up, billing and coding, in-office procedures, and perfecting our bedside manner. Additionally, we periodically spend time in the Wound Care Center where we evaluate and treat a plethora of wounds, while strengthening our understanding of biomechanics and the role it plays in wound progression and healing. One particular asset that distinguishes us from other programs is our Graduate Medical Education Center. This was opened in July 2021 and has since helped take our education and training to the next level. The GME has blessed us with a 24/7 access cadaver lab that is ultimately utilized by podiatry only. We are continually adding resources to enhance the procedures we are able to practice in the lab. Another tool we have available is the VirtaMed. The VirtaMed is an interactive ankle scope simulation device. In combination with the main auditorium, classrooms, library, and simulation rooms within the GME, you will find that there is little to no resource unavailable to you. We are reminded almost daily that St. Rita's Medical Center and the GME Leadership team are invested in the residents' training/education and producing top-notch physicians.

Get to Know Me

My name is Trenton Wolfe. I am a PGY-2 Podiatric Medicine and Surgery resident and was recently elected as the 2025-2026 Chief Resident. I was born and raised in Gallipolis, OH; a small, rural town in southeast Ohio. I later completed my undergraduate education in Indianapolis, where I attended IUPUI and competed on the Swimming and Diving team for the four years I was there. Following this, I returned to my hometown and worked as an EMT for one year prior to beginning podiatry school. I then made the trip to Miami, FL where I ultimately graduated from Barry University School of Podiatric Medicine. Although the warm weather was nice, my wife and I were ready to return to the comforts of the Midwest for our Post-Graduate training. We ultimately landed in Lima, OH and have greatly enjoyed our time here.

Why I Chose Mercy Health - St. Rita's Medical Center for my Podiatric Medicine and Surgery Training

After completing my externship at Mercy Health – St. Rita's Medical Center, I knew then that this program is where I wanted to continue my education and training. Almost immediately, I noticed the sheer number of resources available to us at our fingertips. I knew that as a podiatric surgery resident, I would have access to a variety of resources that would improve my dissection, suturing, and arthroscopy skills. Additionally, throughout my externship, I recognized that the faculty that we train with are extremely knowledgeable and there is no feeling of a hierarchy here. I could see that as a resident at St. Rita's your input is truly valued, and you are treated with respect. Furthermore, the diversity of cases I observed was second to none. In comparison to other programs I externed at, I knew the Post-Graduate education and training at St. Rita's would best prepare me to practice anywhere, whether that be in a large city or a rural, small town. As a current resident nearing the end of my second year here, I feel that I am exactly where I am meant to be and confident that I will be a well-rounded Podiatric physician upon completion of my residency training.

If you have any questions regarding our program, or would like to visit at any time, please do not hesitate to reach out to us! We would love to help in any way!

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