



## 2013 Community Health Needs Assessment

Catholic Health Partners' (CHP) long-standing commitment to the community covers more than 150 years. This commitment has expanded and evolved through considerable thought and care in considering our communities' most pressing health needs. One avenue for examining these needs is through a periodic, comprehensive Community Health Needs Assessment (CHNA) for each CHP hospital. The most recent assessments were completed by teams comprised of CHP and community leaders. They include quantitative and qualitative data that guide both our community benefit and strategic planning.

**Through our CHNA, CHP has identified the greatest needs among each of our hospital's communities. This enables CHP to ensure our resources are directed appropriately toward outreach, prevention, education and wellness opportunities where the greatest impact can be realized.**

The following document is a detailed CHNA for St. Rita's Medical Center. Since 1918, St. Rita's Medical Center has been providing quality healthcare to the people of West Central Ohio. Founded by the Sisters of Mercy, St. Rita's is now part of Catholic Health Partners (CHP).

CHP has responded to community health needs as part of a five-year strategic plan that concludes in 2013. Planning also has begun on a five-year plan that will guide CHP through 2018. Recently, CHP has built new hospitals in Cincinnati, Springfield and Willard, all in Ohio, and renovated and expanded facilities in Toledo, Youngstown, Lima and other communities served by CHP. CHP is investing more than \$300 million in an electronic health system as we build integrated networks of care designed to improve the health of communities. We operate health and fitness centers, hospice facilities, outpatient clinics and senior living facilities.

CHP contributes more than \$1 million per day in community benefit services as we carry out our long-standing mission of extending care to the poor and under-served.

St. Rita's Medical Center strives to meet the health needs of its community. Please read the document's introduction below to better understand the health needs that have been identified.

# Table of Contents

<b><i>Introduction</i></b> .....	<b>1</b>
Community Served by Hospital .....	1
Information and Data Considered in Identifying Potential Need .....	1
<b><i>Executive Summary</i></b> .....	<b>2</b>
Cancer .....	2
Diabetes.....	2
Disabilities.....	3
Exercise, Nutrition, and Weight.....	3
Heart Disease and Stroke .....	4
Immunization and Infectious Disease.....	4
Maternal, Fetal, and Infant Health .....	5
Mental Health.....	6
Oral Health .....	6
Respiratory Disease .....	6
Substance Abuse.....	7
<b><i>Process and Methods</i></b> .....	<b>8</b>
Process for Gathering and Analyzing Data/Information .....	8
Community Input .....	9
1. Organizations Contacted .....	9
2. Leaders, Representatives, or Members of Medically Under-served, Low-income and Minority Populations, and Populations with Chronic Disease Needs Contacted.....	9
3. Use of Community Input .....	9
Prioritization of Health Needs .....	10
1. Exercise, Nutrition, and Weight.....	10
2. Mental Health.....	11
3. Cancer .....	11
4. Substance Abuse.....	11
5. Maternal, Fetal, and Infant Health .....	11
Facilities and Resources Available To Meet Identified Needs .....	11
1. Exercise, Nutrition, and Weight.....	11
2. Mental Health.....	11
3. Cancer .....	11
4. Substance Abuse.....	11
5. Maternal, Fetal, and Infant Health .....	11
Collaborating Partners .....	11

## Introduction

### *Community Served by Hospital*

St. Rita's Medical Center is dedicated to continuing the healing ministry of Jesus Christ. For 92 years St. Rita's has been steadfast in its mission of caring for the poor, the elderly and the vulnerable members of the community and to improving the health of the many communities it serves. The Medical Center continually strives to ensure all residents of West Central Ohio have access to advanced medical technology and quality care.

More people prefer St. Rita's for their medical care than any other hospital in the 10-county region. Its comprehensive high-quality medical services include The Henry & Beverly Hawk Vascular & Heart Center at St. Rita's, St. Rita's Orthopedic Care Center, trauma and emergency, cancer treatment, women's health, mother/baby, pediatrics, sports medicine and rehabilitation, addiction and behavioral services.

St. Rita's strives to serve our patients and each other in ways that reflect its Core Values of Compassion, Excellence, Human Dignity, Justice, Sacredness of Life and Service. Its Mission is to extend the healing ministry of Jesus by improving the health of our communities with emphasis on people who are poor and under-served.

Each year St. Rita's provides millions of dollars in community benefits for the poor, under-served and uninsured. Some of the community benefit programs include its Mercy Action program, Dental Clinic, Call A Nurse, and a variety of community-wide screenings and programs.

The real value of this contribution lies not in dollars, but in the commitment of the staff members, physicians, volunteers, board members and other community leaders who work on behalf of St. Rita's Medical Center... the people who bring the St. Rita's Mission to life.

The community served by the hospital was defined as the primary service area: Allen County, Auglaize County, and Putnam County. Patient data indicates that 80% of persons served at St. Rita's Medical Center reside in the primary service area, based upon the county of residence of discharged inpatients.

### *Information and Data Considered in Identifying Potential Need*

Information and Data Sources: Federal, State or Local Health or Other Departments or Agencies; Community Input

Allen County Health Risk and Community Needs Assessment	Date of Data/Information: 2009
Auglaize County Health Risk and Community Needs Assessment	Date of Data/Information: 2008
Putnam County Community Health Assessment	Date of Data/Information: 2010
Ohio County Health Rankings and Roadmaps	Date of Data/Information: 2012
Ohio Department of Health Vital Statistics	Date of Data/Information: 2006–2011
Ohio Family Health Survey (Department of Job and Family Services)	Date of Data/Information: 2008–2009
Ohio Department of Health, Third Grade BMI Report	Date of Data/Information: 2009–2010
Ohio Department of Health, STD Surveillance Program	Date of Data/Information: 2007–2011
US Census Bureau, American Community Survey	Date of Data/Information: 2008–2010
Centers for Disease Control, National Program for Cancer Registries, Cancer Surveillance System, State Cancer Profiles	Date of Data/Information: 2005–2009
US Census Bureau, American Fact Finder, Report S1810	Date of Data/Information: 2008–2010
US Department of Agriculture, Preschool Obesity Data	Date of Data/Information: 2010

## Executive Summary

### Cancer

- ❖ Cancer education services include The Cancer Resource Center and support groups. The Cancer Resource Center provides resources, information, guidance, and support. Local support groups focus on: prostate cancer; head, neck, and oral cancer; life after cancer; physical appearance during cancer; caregiver support; and individualized support.
- ❖ Early detection services include mammograms and colonoscopies.
- ❖ Treatment of cancer services includes traditional therapies, such as surgery, radiation and chemotherapy, along with the newest technologies in medicine.
- ❖ Cancer is the second leading cause of death in the community. (Source 1 and Source 2)
- ❖ Trends indicate fewer people are obtaining preventative services such as colon cancer screening, mammograms, and pap tests. (Source 1 and Source 2)
- ❖ The cancer incidence rate per 100,000 people is 471.0 in Allen, 461.4 in Auglaize, and 436.2 in Putnam. (Source 10)
- ❖ Age-adjusted death rates due to cancer are 191.7 in Allen, 197.8 in Auglaize, and 177.5 in Putnam. (Source 10)

#### Capacity and Adequacy of Service Levels

- ❖ The Cancer Resource Center is accessible to community members at no charge. Materials can be used in the Cancer Resource Center or taken home. Support groups are available to those who wish to participate.
- ❖ Screenings are accessible by referral from a physician or from the federally qualified health clinic.
- ❖ The overall cancer incidence rate is in the second worst quartile for Allen. Auglaize and Putnam are in the top 50% of U.S. counties. (Source 10).
- ❖ The following specific cancer incidence rates are within the worst quartile when compared to other U.S. counties: cervical cancer (Auglaize), colorectal cancer (Auglaize), and lung/bronchus cancer (Allen and Auglaize). The incidence rates for breast cancer (Allen, Auglaize, and Putnam) are within the second worst quartile. The incidence rates for oral cavity/pharynx cancer and prostate cancer are within the top 50% of the distribution. (Source 10)

- ❖ The overall cancer age-adjusted death rates are in the second worst quartile for Allen and Auglaize. Putnam is in the top 50% of the distribution of U.S. counties. (Source 10)
- ❖ The following cancer age-adjusted death rates are within the worst quartile when compared to other U.S. counties: breast cancer (Auglaize) and colorectal cancer (Auglaize). The age-adjusted death rates for lung cancer (Allen) are within the second worst quartile. The age-adjusted death rates for prostate cancer are within the top 50% of the distribution of U.S. counties (Source 10)

#### Current Service Providers

St. Rita's Medical Center provides services for the prevention, early detection, and treatment of cancer. Other cancer service providers in the community include: Lima Memorial Health System, Bluffton Hospital, Health Partners of Western Ohio, primary care providers, specialty care providers, and The American Cancer Society.

### Diabetes

- ❖ The Diabetes Clinic focuses on education, early diagnosis, treatment, and coordination of care.
- ❖ The Diabetes Clinic offers on-site laboratory services so that test results can be provided in minutes.
- ❖ The Wound Care Clinic can assist Diabetic patients with proper shoe wear and wound treatment as needed.
- ❖ A comprehensive maintenance program entitled D54U helps patients monitor certain indicators of concern for Diabetics.
- ❖ The percentage of adults living with Diabetes in Allen is 11%, Auglaize is 10%, and Putnam is 10%. (Source 4)
- ❖ The age-adjusted death rate due to diabetes per 100,000 people is 28.3 in Allen, 31.1 in Auglaize, and 30.8 in Putnam. (Source 5)
- ❖ Within the Medicare population, the percentage of people that have had a blood sugar test within the past year for Allen is 84%, Auglaize is 85%, and Putnam is 81%. (Source 4)

#### Capacity and Adequacy of Service Levels

- ❖ Diabetes Clinic services are available by physician referral.

- Wound Care Clinic services are available by physician referral.
- The percentages of adults with Diabetes for Allen, Auglaize, and Putnam counties are in the top 50% of Ohio counties. (Source 4)
- The age-adjusted death rates due to Diabetes for Auglaize, and Putnam counties are in the second worst quartile of the distribution of Ohio counties. Allen is in the top 50%. (Source 5)
- The screening rate in the Medicare population for Putnam is in the second worst quartile of the distribution of U.S. counties. Allen and Auglaize are in the top 50%. (Source 4)

### Current Service Providers

St. Rita's Medical Center's Diabetes Clinic focuses on early diagnosis, treatment, and coordination of care. Other service providers include: Lima Memorial Health System, Bluffton Hospital, Health Partners of Western Ohio, primary care providers, specialty care providers, American Diabetes Association, and Lower Extremity Amputation Prevention.

## Disabilities

- Rehabilitation services are available for patients with disabilities whose condition can be improved by physical, occupational, or speech therapy.
- Developmental therapy is available for pediatric patients with disabilities.
- Developmental screenings by certified professionals are available for the children of concerned parents.
- Patients who require extended inpatient services can be served by the Transitional Care Unit.
- Home Care services are available for patients who need assistance in performing activities of daily living in their home.
- Specialty Clinics provide access to pediatric specialists for a specific problem or condition such as cardiology, endocrinology, gastroenterology, hematology, neonatology, and nephrology.
- The percentage of the population reporting a disability in Allen is 19.4% and Auglaize is 16.3%. Putnam information is unavailable. Types of disabilities include independent living (encounter challenges performing instrumental activities of daily living due to a physical, mental, or emotional condition), cognitive (experience serious difficulty concentrating, remembering, or making decisions due to a physical, mental, or emotional

condition), self-care (encounter challenges in performing activities of daily living), and ambulatory difficulty (experience serious difficulty walking or climbing stairs). (Source 1 and Source 2)

### Capacity and Adequacy of Service Levels

- Rehabilitation, transitional care, home care, specialty clinics and developmental therapy services are available by physician referral.
- Developmental screenings are available at no cost for the children of concerned parents when provided through Help Me Grow.
- The number of persons living with disabilities is not measured on the same quartile scale because having more or less disabled persons than other counties is not necessarily a good or bad indicator.

### Current Service Providers

St. Rita's Medical Center offers a variety of services to address the needs of disabled persons. Other service providers include: Lima Memorial Health System, Bluffton Hospital, Health Partners of Western Ohio, primary care providers, specialty care providers, The ARC of Allen County, Goodwill Easter Seals, Mobility Foundation, Help Me Grow, and County Boards of DD.

## Exercise, Nutrition, and Weight

- The Health Management Group works with obese patients to help improve understanding of their health conditions, reduce complications and help keep patients healthy in between their physician appointments.
- The Health Management group offers three levels of care: education only; education and assessment with the referring provider being called for orders; education and assessment with the clinic managing medications.
- The percentage of adults engaging in physical activity in Allen is 70%, Auglaize is 69%, and Putnam is 76%. (Source 1, Source 2, and Source 3)
- The percentage of 3rd Graders who are Overweight or Obese in Allen is 39.3%, Auglaize is 31.6%, and Putnam is 33.9%. (Source 7)
- The percentage of adults who are obese in Allen is 25.4%, Auglaize is 33%, and Putnam is 32%. (Source 1, Source 2, and Source 3)
- The percentage of adults who are overweight or obese in Allen is 77%, Auglaize is 72%, and Putnam is 71%. (Source 1, Source 2, and Source 3)

- ❖ The percentage of low income preschool children that are obese in Allen is 12%, Auglaize is 11%, and Putnam is 16%. (Source 12)
- ❖ The percentage of teens that are obese in Allen is 27%, Auglaize is 22%, and Putnam is 12%. (Source 6)

### Capacity and Adequacy of Service Levels

- ❖ Health Management Group services are available by physician referral.
- ❖ The percentages of adults engaged in physical activity for Allen, Auglaize, and Putnam counties indicate a trend of increasing activity. (Source 1, Source 2, and Source 3)
- ❖ The percentage of 3rd graders who are overweight or obese for Allen is in the second worst quartile compared to other U.S. counties. (Source 7)
- ❖ The percentage of adults who are obese for Auglaize is in the worst quartile compared to other Ohio counties, Putnam is in the second worst quartile, and Allen is in the top 50%. (Source 1, Source 2, and Source 3)
- ❖ The percentage of adults who are either overweight or obese is showing an increasing trend. (Source 1, Source 2, and Source 3)
- ❖ The percentage of low income preschool children that are obese is in the second worst quartile of U.S. counties for Putnam. Allen and Auglaize are in the top 50%. (Source 12)
- ❖ The percentages of obese teens are in the second worst quartile for Allen and Auglaize. Putnam is in the top 50% of Ohio counties (Source 6)

### Current Service Providers

Rita's Medical Center operates the Health Management Group to coordinate care and educate obese patients. Other service providers include: Lima Memorial Health System, Bluffton Hospital, Health Partners of Western Ohio, YMCA, primary care providers, specialty care providers, Bradfield Community Association, Mobility Foundation, The Salvation Army, and The West Ohio Food Bank.

## Heart Disease and Stroke

- ❖ St. Rita's Medical Center provides cardiac services and open heart surgery.
- ❖ The cardiac rehabilitation program helps patients get back to their normal activities.
- ❖ Home health care services are available.
- ❖ Support groups help patients and families manage the change to a healthier lifestyle.

- ❖ Education opportunities and blood pressure screenings are available at health fairs.
- ❖ The prevalence of high blood pressure in Allen is 27%, Auglaize is 25%, and Putnam is 29%. (Source 6)
- ❖ The age-adjusted death rate due to stroke in Allen is 48, Auglaize is 51.3, and Putnam is 40.6 per 100,000 people. (Source 5)
- ❖ The age-adjusted death rate due to heart disease in Allen is 217.3, Auglaize is 196.2, and Putnam is 158.6 per 100,000 people. (Source 5)

### Capacity and Adequacy of Service Levels

- ❖ The Intervention and Cardiac Catheterization laboratory is a 16 bed unit where advanced technology is utilized and care is delivered by highly trained professionals.
- ❖ St. Rita's Medical Center is the only provider in the region to offer therapeutic hypothermia.
- ❖ Information and screenings at health fairs are available to community members at no cost.
- ❖ The prevalence rates of high blood pressure in Allen, Auglaize, and Putnam counties are in the top 50% of Ohio counties (Source 6)
- ❖ The age adjusted death rate due to stroke for Auglaize is in the worst quartile of Ohio counties, Allen is in the second worst quartile, and Putnam is in the top 50%. (Source 5)
- ❖ The age adjusted death rate due to heart disease for Allen is in the second worst quartile when compared to Ohio counties. Auglaize and Putnam rates are in the top 50%. (Source 5)

### Current Service Providers

St. Rita's Medical Center offers cardiac services, treatment, and education. Other service providers include: Lima Memorial Health System, Bluffton Hospital, Health Partners of Western Ohio, primary care providers, specialty care providers, and American Heart Association.

## Immunization and Infectious Disease

- ❖ St. Rita's Medical Center contributes data to the Ohio Department of Health's EpiCenter syndromic surveillance system. This voluntary program provides early detection and tracking of health events.
- ❖ St. Rita's Medical Center has a dedicated department to address infection control concerns.
- ❖ Immunization opportunities for community members are available through the Health Management Group.

- Physicians and first responders in the community are trained to respond to the infectious disease concerns.
- The immunization rate in the population that is 65 years and older for the flu in Allen is 70%, Auglaize is 38%, and Putnam is 48%. (Source 1, Source 2, and Source 3)
- The age-adjusted death rate due to influenza and pneumonia in Allen is 9.8, Auglaize is 20.8, and Putnam is 13.1 per 100,000 people. (Source 5)
- The Chlamydia incidence rate in Allen is 477.8, Auglaize is 176.3, and Putnam is 136.2 per 100,000 people. (Source 8)
- The Gonorrhea incidence rate in Allen is 106.3, Auglaize is 17.4, and Putnam is 8.7 per 100,000 people. (Source 8)
- The HIV/AIDS prevalence rate in Allen is 115.7, Auglaize is 32.6, and Putnam is 20.3 per 100,000 people. (Source 8)

### Capacity and Adequacy of Service Levels

- Patients are screened for certain infectious diseases to improve treatment and report cases.
- St. Rita's Medical Center conducts education to keep physicians and first responders updated.
- Trends indicate a decrease in the flu immunization rate. (Source 1, Source 2, and Source 3)
- The age adjusted death rate due to influenza and pneumonia for Auglaize is in the worst quartile, Putnam is in the second worst quartile, and Allen is in the top 50% when compared to other Ohio counties. (Source 5)
- The Chlamydia incidence rate in Allen is within the worst quartile when compared to other Ohio counties. Allen and Putnam are in the top 50%. (Source 8)
- The Gonorrhea incidence rate in Allen is within the worst quartile when compared to other Ohio counties. Allen and Putnam are in the top 50%. (Source 8)

### Current Service Providers

The following providers address immunization and infectious disease needs of the community: Allen County Health Department, primary care providers, and specialty care providers.

## Maternal, Fetal, and Infant Health

- The Birthplace at St. Rita's has special programs and services to help women prepare for the birth of a child.
- St. Rita's Level II Special Care Nursery provides specialized cares to newborns.
- The pediatric unit and numerous pediatric specialty

clinics at St. Rita's help to meet the unique needs of children in the region.

- The percentage of mothers who receive early prenatal care in Allen is 74.3%, Auglaize is 83%, and Putnam is 86%. (Source 5)
- The percentage of mothers who smoke during pregnancy in Allen is 22.9%, Auglaize is 20.1%, and Putnam is 10.6%. (Source 5)
- The percentage of babies with low birth weight (less than 5lb 8oz) in Allen is 7.8%, Auglaize is 6.4%, and Putnam is 3.7%. (Source 5)
- The percentage of babies with a very low birth weight (less than 3lbs 5oz) in Allen is 1.9%, Auglaize is 1.0%, and Putnam is 0%. (Source 5)
- The percentage of babies born preterm (less than 37 weeks) in Allen is 11.3%, Auglaize is 8.0%, and Putnam is 8.3%. (Source 5)
- The teen birth rate per 1,000 live births in Allen is 22.8, Auglaize is 15.8, and Putnam is 1.3. (Source 5)
- The teen pregnancy rate per 1,000 females aged 15-17 in Allen is 33.6, Auglaize is 25.7, and Putnam is 12.5. (Source 5)
- The infant mortality rate per live births for Allen is 9.4, Auglaize is 6.4, and Putnam is 1.9. (Source 5)

### Capacity and Adequacy of Service Levels

- Pediatric specialty clinic services are available by physician referral.
- The percentages of mothers who receive early prenatal care in Allen, Auglaize, and Putnam counties are in the top 50% of Ohio counties. (Source 5)
- The percentage of mothers who smoke during pregnancy for Allen is in the second worst quartile. Auglaize and Putnam are in the top 50% of Ohio counties. (Source 5)
- The following indicators are in the worst quartile: babies with very low birth weight (Allen), teen birth rate (Allen), and teen pregnancy rate (Allen). Indicators in the second worst quartile compared to other Ohio counties are: babies with low birth weight (Auglaize), teen birth rate (Auglaize), and teen pregnancy rate (Auglaize). (Source 5)
- The infant mortality rate for Allen is in the worst quartile compared to other Ohio counties. Auglaize is in the second worst quartile. Putnam is in the top 50%. (Source 5)

### Current Service Providers

St. Rita's Medical Center provides maternal, fetal, and infant health through The Birthplace at St. Rita's and the Level II Special Care Nursery. Other providers include: primary care providers, specialty care providers, Allen

County Health Department, Lima Memorial Health System, Help Me Grow, Cheryl Allen Southside Center, WIC, and Women's Preventative Healthcare.

## *Mental Health*

- St. Rita's Medical Center provides comprehensive mental health services. Highly qualified and trained counseling professionals offer services on an outpatient and inpatient basis.
- Assessments are provided to children, adolescents, adult, and seniors presenting with mental health concerns in the St. Rita's Medical Center Emergency Department.
- Information and referral service is available for oneself or a loved one.
- Crisis intervention services are available.
- Frequent mental distress was experienced within the last 14 days by 6.5% of adults in Allen, 5.8% of adults in Auglaize, and 2.4% of adults in Putnam. (Source 6)
- Age-adjusted death rate due to suicide per 100,000 in Allen is 11.9, Auglaize is 14.8, and Putnam is 6.0. (Source 5)

### **Capacity and Adequacy of Service Levels**

- St. Rita's is the region's leader in comprehensive mental health services.
- St. Rita's is the only provider of inpatient mental health services in the region.
- Emergency Department assessments are confidential and free of charge.
- Phone consultation and support services are available 24 hours a day, 7 days a week.
- Frequent mental distress for Allen is in the second worst quartile. Auglaize and Putnam are in the top 50%. (Source 6)
- The age-adjusted death rate due to suicide for Auglaize is in the worst quartile when compared to other Ohio counties. Allen is in the second worst quartile. Putnam is in the top 50%. (Source 5)

### **Current Service Providers**

St. Rita's Medical Center provides comprehensive mental health and chemical dependency services. Other service providers include: Mental Health and Recovery Services Board, and Family Resource Center of Northwest Ohio.

## *Oral Health*

- Health Partners of Western Ohio partnered with St. Rita's Medical Center to offer comprehensive dental services.
- The percentage of adults who could not receive needed dental care in Allen is 11%, Auglaize is 9%, and Putnam is 6%. (Source 6)
- The percentage of adults who have dental coverage in Allen is 55.7%, Auglaize is 60.2%, and Putnam is 56%. (Source 6)
- The percentage of adults who visited a dentist in the past year in Allen is 60%, Auglaize is 63%, and Putnam is 73.7%. (Source 1, Source 2, and Source 3)
- The percentage of youth (ages 12-18) who visited a dentist in the past year in Allen is 68%, Auglaize is 77%, and Putnam is 87%. (Source 1, Source 2, and Source 3)

### **Capacity and Adequacy of Service Levels**

- Health Partners of Western Ohio offers services on a sliding fee scale.
- The percentages of adults who could not receive needed dental care are in the top 50% for Allen, Auglaize, and Putnam when compared to other Ohio counties. (Source 6)
- The percentages of adults who have dental coverage in Allen and Putnam are in second worst quartile when compared to other Ohio counties. Auglaize is in the top 50%. (Source 6)
- The percentage of adults who visited a dentist in the past year is showing an increasing trend. (Source 1, Source 2, and Source 3)
- The percentage of youth who visited a dentist in the past year is showing an increasing trend. (Source 1, Source 2, and Source 3)

### **Current Service Providers**

Oral health care providers include: Health Partners of Western Ohio, dentists, and Rhodes Dental Hygiene Clinic.

## *Respiratory Disease*

- In the Asthma Clinic, certified, asthma-educated respiratory therapists and clinical pharmacists educate patients on their health condition, triggers, and medications. Care is closely coordinated with providers.
- Trends indicate fewer people have been told by a care provider that they currently have asthma. (Source 1, Source 2, and Source 3)



- ☞ The percentage of children (17 and younger) who have ever been diagnosed with asthma in Allen is 7.5%, Auglaize is 10.6%, and Putnam is 18.0%. (Source 6)

### Capacity and Adequacy of Service Levels

- ☞ Patients are referred to the Asthma Clinic by a health care provider.
- ☞ The percentage of children diagnosed with asthma in Putnam is in the second worst quartile compared to other Ohio counties. Allen and Auglaize are in the top 50%. (Source 6)

### Current Service Providers

St. Rita's Medical Center, operates an Asthma Clinic which focuses on early diagnosis, proper treatment and education. Other service providers include: Lima Memorial Health System, Health Partners of Western Ohio, primary care providers, specialty care providers, and American Lung Association.

## Substance Abuse

- ☞ Mercy Hall at St. Rita's Medical Center offers partial hospitalization, intensive outpatient treatment, outpatient counseling, and relapse prevention groups.
- ☞ Binge drinking (within the last 30 days) is reported by 12.5% of adults in Allen, 20.9% of adults in Auglaize, and 21.3% of adults in Putnam. (Source 6)
- ☞ Smoking is reported by 27.6% of adults in Allen, 26.6% of adults in Auglaize, and 18.7% of adults in Putnam. (Source 6)

### Capacity and Adequacy of Service Levels

- ☞ St. Rita's is the region's leader in chemical dependency services.
- ☞ The percentages of adults who binge drink in Auglaize and Putnam counties are among the worst quartile of counties in the state of Ohio. (Source 6)
- ☞ The percentages of adults who smoke in Allen and Auglaize counties are among the second worst quartile of counties in the state of Ohio. (Source 6)

### Current Service Providers

St. Rita's Medical Center operates Mercy Hall to focus on substance abuse. Other providers include: Mental Health and Recovery Services Board, Cheryl Allen Southside Center, Salvation Army, Lima Urban Minority Alcoholism and Drug Abuse Outreach Program, Alcoholics Anonymous/AL-ANON, and Narcotics Anonymous.

## Process and Methods

### *Process for Gathering and Analyzing Data/Information*

*(IRS Notice 2011-52 Section 3.03 (2))*

#### **Process to identify sources of data/information and the time period over which this occurred:**

In 2011, The Community Sustainability Advisory Committee was formed by the Lima-Allen County Regional Planning Commission with the mission to utilize available resources in an efficient way to improve the quality of life for residents of Allen County through comprehensive community collaboration. The Committee is responsible for reviewing and developing initiatives that target opportunities to improve the quality of life of Allen County residents through the creation of a sustainable environment. The Community Sustainability Advisory Committee consists of representatives from, but not limited to, the following groups, organizations, and sectors: academics and education experts; business groups; civic leaders; community development professionals; economic development executives; elected officials; environmental advocates; faith based organizations; health care; manufacturers and major employers; public health organizations; non-profit organizations; natural resource authorities; media, information, and public relations; and transportation system managers.

Per the bylaws of the Community Sustainability Advisory Committee, meetings of the committee shall be held quarterly. The bylaws were effective January 1, 2011. Under the Community Sustainability Advisory Committee, subcommittees have been formed. The Health Subcommittee was created to focus on health related topics.

The Community Sustainability Advisory Committee implemented the Healthy Communities Institute software to track numerous health indicators in Allen County. The members of the Community Sustainability Advisory Committee had input into the selection of indicators and benchmarks that were included by Healthy Communities Institute. The Healthy Communities Institute software summarized data from secondary data sources. This non-biased information was publicly available on the

website of the Lima-Allen County Regional Planning Commission. The community dashboard feature provided a summary of indicators. Each indicator had a detail page which provided an explanation and the significance of the indicator. A link to the original source of information and the time period of the data collection was provided for each indicator. Allen County information was available on the Healthy Communities Institute summary. Data for Auglaize County and Putnam County was retrieved from the original data source and measured on the same color coded, quartile based scale that was used by Healthy Communities Initiative.

The Community Sustainability Initiatives Committee identified the following areas of community focus: Access to Health Services; Cancer; Diabetes; Disabilities; Exercise, Nutrition, and Weight; Family Planning; Heart Disease and Stroke; Immunizations and Infectious Diseases; Maternal, Fetal, and Infant Health; Mental Health and Mental Disorders; Oral Health; Prevention and Safety; Respiratory Diseases; Substance Abuse; and Wellness and Lifestyle. To create a narrower scope, some topics were combined or eliminated in the CHNA data.

The indicators that were selected by the Community Sustainability Advisory Committee were analyzed using the Healthy Communities Institute method. The color coded indicators were used to describe the capacity and adequacy of service levels for each condition identified by the community. The colored gauge represents how Allen County, Auglaize County, and Putnam County compared to other counties. The three-colored dial represents the distribution of values from the reporting regions (e.g. counties in the state or country) ordered from those doing the best to those doing the worst (sometimes lower values are better and in other cases higher values are better). From that distribution, the green represents the top 50th percentile, the yellow represents the 25th to 50th percentile, and the red represents the “worst” quartile. The lowest scoring data point was used to describe the indicator when the data was in different quartiles for the three counties, unless detailed data for each county was used.

The selected indicators were retrieved from the Healthy Communities Institute website during September 2012.

Analysis of the Healthy Communities Institute data was discussed in meetings of the Community Health Needs Assessment Team September – October 2012.

Stakeholders were asked to complete a survey to express their views about the identified health conditions. Stakeholders assigned scores to identified health conditions based on key criteria that were used in the prioritization process. The survey tool used to gather community input was created in August 2012. The community input surveys were distributed to stakeholders. Surveys were returned and scores were computed in October 2012.

**Information gaps learned through the process (which impact the Hospital's ability to assess needs):**

Statistical information gathered by county wide needs assessment included a selection of indicators that were not consistent between Allen, Auglaize, and Putnam counties. The year that county wide needs assessments were conducted was not consistent between Allen, Auglaize, and Putnam Counties. Consistency between data with regard to selection of indicators and time period would improve the quality of the comparisons.

**Community Input**

*(IRS Notice 2011-52 Section 3.06)*

Resources used to gather community input: *must* include 1) federal, regional, state or local health officials, departments or agencies including individuals with current data or information relevant to the health needs of the community served by the Hospital and 2) individuals with special knowledge of or expertise in public health including the individuals' affiliation and description of their expertise:

**Organizations contacted:**

Allen County Economic Development Group  
Jeff Sprague, Vice President  
January 2011 – October 2012

Allen County Health Department  
Dave Rosebrock, MPH, Health Commissioner  
Kathy Luhn, Director of Health Education  
January 2011 – October 2012

Lima/Allen County Chamber of Commerce  
Jed Metzger, President/CEO  
January 2011 – October 2012

Lima Allen County Regional Planning Commission  
Thomas Mazur, Executive Director  
Evelyn Smith, Assistant Planner  
Marlene Schumaker, Grants Administrator  
Lisa Steffen, Associate Planner  
January 2011 – October 2012

Lima Memorial Health System  
Mike Swick, President/Chief Executive Officer  
Ken Kurz, Director of Lima Memorial Foundation  
Cheryl Nagy, Director of Risk Management  
Dottie Kaiser, Director of Pastoral Care and Social Services  
Rebecca Jenkins, Director of Marketing & Public Relations  
January 2011 – October 2012

Shawnee Township Police  
Mike Keith, Chief  
January 2011 – October 2012

United Way of Greater Lima  
Philip Hayne, President and Chief Executive Officer  
Tom Thompson, Labor Staff Representative  
January 2011 – October 2012

YMCA  
Jerry Courtney, President  
January 2011 – October 2012

**Leaders, representatives, or members of medically underserved, low-income and minority populations, and populations with chronic disease needs contacted:**

Sam Bassitt, Allen County Commissioner  
January 2011 – October 2012

David Berger, Mayor, City of Lima  
January 2011 - October 2012

Jackie Fox, Chief Executive Officer  
Lima Allen Council on Community Affairs  
January 2011 – October 2012

Mike Schoenhofer, Executive Director  
Mental Health & Recovery Services Board  
January 2011 – October 2012

Janis Sunderhaus, Chief Executive Officer of Health Partners of Western Ohio  
January 2011 – October 2012

Community members from the above groups, organizations, and sectors established the Community Sustainability Advisory Committee under the Lima-Allen County Regional Planning Commission. The Community Sustainability Advisory Committee was responsible for the implementation of the Healthy Communities Institute software, which was used as the basis for the Community Health Needs Assessment. The Healthy Communities Institute website provided a list of identified health conditions and related indicators for Allen County. The information for Auglaize and Putnam counties was analyzed under the same quartile system.

## ***Prioritization of Health Needs***

The Community Sustainability Advisory Committee implemented the Healthy Communities Institute software to track numerous health indicators in Allen County. The members of the Community Sustainability Advisory Committee had input into the selection of indicators and benchmarks that were included by the Healthy Communities Institute. The Healthy Communities Institute software summarized data from secondary data sources.

The community dashboard feature provided a summary of 100 indicators. Each indicator had a detail page which provided an explanation and the significance of the indicator. A link to the original source of information and the time period of the data collection was provided for each indicator. Allen County information was available on the Healthy Communities Institute summary. Data for Auglaize County and Putnam County was retrieved from the original data source and measured on the same color coded, quartile based scale that was used by Healthy Communities Initiative.

The Community Sustainability Initiatives Committee identified the following areas of community focus: Access to Health Services; Cancer; Diabetes; Disabilities; Exercise, Nutrition, and Weight; Family Planning; Heart Disease and Stroke; Immunizations and Infectious Diseases; Maternal, Fetal, and Infant Health; Mental Health and Mental Disorders; Oral Health; Prevention and Safety; Respiratory Diseases; Substance Abuse; and Wellness and Lifestyle.

The committee utilized the color gauge from the Healthy Communities institute software (Red, Yellow, Green) to help prioritize how they would move forward. The 100 indicators are sub divided into 15 categories. Those

15 categories were then divided by topic to focus on specific health indicators. By utilizing the color scheme and aligning the indicators by color led to a process of elimination by setting aside the green indicators as low priority and focusing on the yellow and red. That division led to identification of 15 yellow and 12 red indicators. That break down led to creating a narrower scope, in which some topics were combined or eliminated in the CHNA data.

The final step in the process of prioritizing needs was to establish priority needs among the identified community focus areas. The step incorporated the perspective of major stakeholders in the local community relevant to the hospital's defined service area. Stakeholders used a survey to rate each health need based on the four key criteria listed below. Each criterion was assigned a weight based on its relative importance in relation to the other key criteria. Weights were assigned to each criterion to take into account that while all the criteria are important, not all the criteria are of equal importance. The criteria and their assigned weights are listed in the heaviest to lightest order: the size of population (4), the severity of health need (3), the ability to evaluate outcome data (2), and the current community capacity to address the health need (1). This scoring method created a rank order among the identified health needs.

The final step in the prioritization process was developed by the Community Health Needs Assessment Collaborative Committee of Catholic Healthcare Partners. Meetings to establish a prioritization process began in the fourth quarter of 2011 and continued until the process was endorsed at the July 2, 2012 meeting. Members of the Community Health Needs Assessment Collaborative Committee included Catholic Healthcare Partners employees with the following areas of expertise: mission, finance, corporate responsibility, legal, and strategic planning.

## ***Prioritized Health Needs***

Based on all of the above information and processes, the prioritized health needs of the community served by the Hospital are listed below.

### **Exercise, Nutrition, and Weight**

Community members indicated that there are many people impacted by health conditions related to exercise, nutrition, and weight. The statistics indicate that the percentage of adults who are obese is in the worst quartile for Allen, Auglaize, and Putnam counties.

## **Mental Health**

Community members expressed concern that many people are impacted by mental health and consequences of not attending to mental health needs can be severe. The age adjusted death rate due to suicide in the community is in the worst quartile.

## **Cancer**

Community members indicated that the consequences of not attending to health needs related to cancer can be severe. Community members indicated their belief that the community has adequate data to measure outcomes related to cancer. The age adjusted death rates for breast cancer and colorectal cancer are in the worst quartile for the community.

## **Substance Abuse**

Community members expressed concern that the consequences of not attending to health needs related to substance abuse can be severe. The statistics indicate that the community is in the worst quartile for adults who binge drink and adults who smoke.

## **Maternal, Fetal, and Infant Health**

The statistics indicate that the community is in the lowest quartile for the infant mortality rate and babies born with very low birth weight.

## **Existing Health Care Facilities and Resources Available to Meet Identified Needs**

The following existing health care facilities and other resources within the community available to meet the prioritized needs are listed below for each need:

### **Exercise, Nutrition, and Weight**

Resources for addressing exercise, nutrition, and weight within the community include: St. Rita's Medical Center, Lima Memorial Health System, Health Partners of Western Ohio, YMCA, Primary Care Providers, Specialty Care Providers, Bradfield Community Association, Mobility Foundation, Salvation Army, and West Ohio Food Bank.

### **Mental Health**

Resources for addressing mental health within the community include: St. Rita's Medical Center, Mental Health and Recovery Services Board, and Family Resource Center of Northwest Ohio.

## **Cancer**

Resources for addressing cancer within the community include: St. Rita's Medical Center, Lima Memorial Health System, Health Partners of Western Ohio, Primary Care Providers, Specialty Care Providers, and American Cancer Society.

## **Substance Abuse**

Resources for addressing substance abuse within the community include: St. Rita's Medical Center, Mental Health and Recovery Services Board, Cheryl Allen Southside Center, Salvation Army, Lima Urban Minority Alcoholism and Drug Abuse Outreach Program, Alcoholics Anonymous/AL-ANON, and Narcotics Anonymous.

## **Maternal, Fetal, and Infant Health**

Resources for addressing maternal, fetal, and infant health within the community include: St. Rita's Medical Center, Primary Care Providers, Specialty Care Providers, Allen County Health Department, Lima Memorial Health System, Help Me Grow, Cheryl Allen Southside Center, WIC, and Women's Preventative Healthcare.

## **Collaborating Partners**

*(IRS Notice 2011-52 Section 3.03 (2))*

### **The Hospital collaborated with the following organizations as part of the process of conducting the needs assessment:**

The Community Sustainability Advisory Committee  
Lima-Allen County Regional Planning Commission  
130 W. North Street, Lima, Ohio 45801-4311

Healthy People 2020

Allen County Health Department

219 E. Market Street, Lima, Ohio 45801

### **The Hospital contracted with the following third parties to assist it in conducting the needs assessment:**

Bricker & Eckler LLP

100 S. Third Street, Columbus, Ohio 43215

Law firm with expertise in health care law and especially with respect to the IRS requirements for community health needs assessments.

Quality Management Consulting Group

100 S. Third Street, Columbus, Ohio 43215

Consultant with expertise in public health and experience in conducting community health needs assessments.